

Southern Counties Cycling Union

25 Mile Time Trial

To be held

On

7.00 am September 05th 2021 Course G25/55 Amended

TT Bikes Prize List

1st Man £20.00 1st Woman £20.00 1st Vet £20.00 . 1st Team £10.00 per rider

Road Bikes Prize List

1st Man £20.00 1st Woman £20.00 1st Vet £20.00 . 1st Team £10.00 per rider

Start Timekeeper: Mrs L Donnington Finish Timekeeper: Mr M Irons

Organiser: Mr Adrian Blacker Tel # 07771 798971

Promoted for and on the behalf of Cycling Time Trials under its rules and regulations



Headquarters

North Holmwood Village Hall Spook Hill, North Holmwood RH5 4JP

HQ Open from 6.00 am

Car Parking: Limited car parking is available at the rear of the village hall but if warming up on a turbo please note that this is a residential area. Further parking is available on the road opposite the hall and in Inholms Lane car park up the hill past the church.

PLEASE NOTE COURSE CHANGES

G25/55 Amended Course Details

Start at "50 mph" sign at north end of Spook Hill, South Holmwood, 10 yards from A24 r/about (M)	
Go left on A24 to Beare Green roundabout, taking 2 nd left, still on A24 (M)	2.61 miles
To Clark's Green roundabout (M)	4.91 miles
which encircle and retrace on A24 to Beare Green roundabout (M)	7.15 miles
where take first left, A29 via Ockley to Marches Road, where left via	12.94 miles
Marches Road to A24 at Kingsfold (M)	14.58 miles
Go left north on A24 via Clark's Green roundabout (M)	
to Beare Green roundabout, where 2 nd left (straight on) (M)	18.86 miles
on A24 north to Finish at drain at north end of penultimate crash barrier	
634 yds from North Holmwood roundabout	21.71 miles

It's still basically G25/55 but with a different start & finish and missing out the Cole's Lane loop.



HQ to Start: Left out of village hall 0.2 miles north. The start is immediately prior to the 50mph sign at the north end of Spook Hill before it joins the A24 roundabout. Allow 1 minute.

Finish: This is now the normal '10' finish. Please do not stop and continue riding to the roundabout where turn right for the village hall HQ.

Race Notes - Please read

Competitors are required to sign in and sign out in person (CTT reg). Failure to do so will result in the competitor being recorded as DNF.

PENS will NOT be provided – please bring your own

Completed parental consent forms where applicable must be presented when obtaining race number see https://cyclingtimetrials.org.uk/documents/index/guardians for a copy.

London South District Regulation:

No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

CTT regulations require the compulsory use of helmets for the under18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard shell helmet that meets internationally accepted safety standards.

A working rear light, either flashing or constant, **must** be fitted to the machine in a position clearly visible to following road users and is active while the machine is in use. **NO LIGHT - NO RIDE.**

Please Read the Following regarding Covid 19

As guests of North Holmwood Village Hall please do not do anything that could jeopardise the future use of this venue

Please familiarise yourself with the following https://cyclingtimetrials.org.uk/documents/index/covid-19

- No times or results will be available at the event
- No holder up please start with at least one foot on the floor
- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms
- Do NOT change in the toilets which are strictly "one in one out"
- Competitors should not arrive at the start more than 5 mins before their allotted start time
- Competitors will await the start signal with one foot on the ground
- Competitors on finishing must NOT stop at the finish
- No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors are self-sufficient during their ride
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event
- Hand sanitizer will be available
- No provision will be provided to return anything left at the start back to the HQ